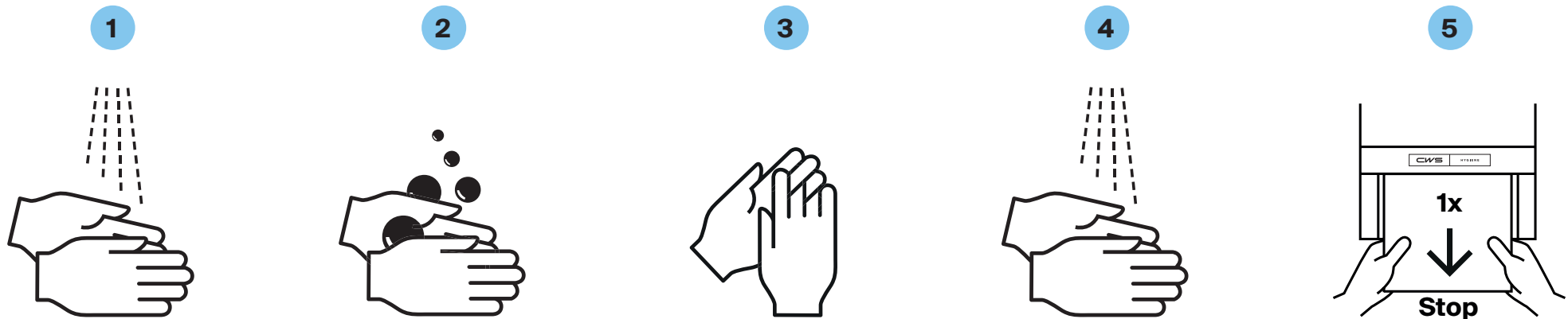


Hygienic hand washing: Here's how it's done!



- 1 Wet your hands under running water.
- 2 Lather up thoroughly.
- 3 Don't forget to rub soap on the back of your hands, your wrists and between your fingers.
- 4 Rinse off thoroughly under running water.
- 5 Dry carefully, including between your fingers, making sure always to use a fresh section of cotton towel or paper.